## LUXURY SENIOR LIVING IN SCOTTSDALE.

Independent and Assisted Living apartment homes with resort-style amenities, artistic interiors and unmatched services.





# LIFE has a Ray And And And Andrew A

Relax by the pool or in the spa
Learn to paint oils like a pro
Sip a cocktail at the piano bar
Laugh until it hurts
Enjoy dinner cooked to order
Wake up refreshed and do it all again

Come inside. You'll feel like you've stepped into the grand lobby of a resort hotel. Art Deco design, tastefully modern furnishings and inspiring art adorn the walls, hallways and wide-open spaces throughout this welcoming community.



#### COMMITTED TO ADDING MORE TO YOUR LIFE.

Whether you choose independent or assisted living, you'll find more options, luxuries, amenities, activities, culinary choices and artistic opportunities at Andara than any other Scottsdale community.

Nestled in the foothills of the McDowell Mountains, you'll be embraced by the breathtaking wonder of the Sonoran desert and the twinkling city lights. Yet, you'll live conveniently close to the best restaurants, shopping and entertainment.



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# N BEAUTY.



# WELLNESS

that leads to greater well-being.

## HEALTH AND FITNESS ARE CORNERSTONES OF OUR COMMUNITY.

Not only is Andara the most highly sought-after community in Scottsdale, it's managed by Cadence Living, a team of senior living experts that takes a holistic approach to lifestyle, health and wellness with supportive services that enrich, encourage and enhance life.

We believe health and fitness should be naturally woven into all aspects of life. This makes it easier to achieve your wellness goals.

**Fitness Center:** Along with top-of-the-line equipment, we offer weekly classes, including cardio, strength and flexibility.

**Dog Park:** We're pet-friendly in more ways than one. Our amenities make it easy to take your best friend for a walk.

**Heated Swimming Pool & Spa:** Enjoy water aerobics classes, as well as open-pool hours for swimming.

**Mindfulness:** Next to regular exercise, mindfulness training is one of the best things you can do for your body and well-being. Our weekly yoga, Tai Chi and "movement & mind" classes can help you add more balance, serenity and focus to your life.



Our goal is to become your FAVORTE restaurant.

#### A FOCUS ON HEALTHY AND TASTY.

Andara's wonderful culinary options are just steps from your door in our beautiful and spacious restaurant-style dining room. At Andara we believe food should nourish the soul. That's why our menus are influenced by local ingredients, our residents' tastes and the seasons of the year.

**The Casablanca Dining Room:** Our professional culinary team creates exciting menus with expertly prepared meals and home-cooked favorites. Your meal is prepared to order with fresh ingredients. Plus, we accommodate special diets.

Room Service: Feel like dining in? Just order ahead and we'll deliver.

**Family Dining:** Invite your friends and family over to enjoy lunch, dinner or events in our private dining room.

**Happy Hour & More:** Join us for cocktails and conversation at Josephine's Piano Lounge and Patio.

**Bistro:** Get coffee, tea and a variety of grab-and-go snacks from our bistro between meals.

**Special Outings**: We make it easy for everyone to join in our outings—from terrific restaurant meals to casino trips, live theater and other big events. We do it all.



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## A VIBRANT LIFESTYLE











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#### THIS IS THE TIME TO BECOME YOUR BEST SELF.

Most of us live our lives DOING. We've worked hard, raised our kids and managed the household with a lot of chores, obligations and to-do lists along the way. Now is our time. Walk your dog in tranquility, learn to play the guitar or paint your masterpiece. It's all here at Andara.

**Intellectual Programs:** Intellectual programming spans a variety of pursuits, including lecture series, films, discussions of current events and insightful presentations on cutting-edge science.

**Artistic Pursuits:** Explore your creative side with art classes—watercolors, oils, origami, collage and crafting projects of all kinds.

**Music:** Our informal singing groups get together for performances, karaoke parties and special musical guests. Everyone is encouraged to join in. Invite your friends!

**Grand Movie Theater:** A big screen, plush leather seats, popcorn, bold surround sound and a live audience of good friends bring the cinema experience home.

**Special Interest Groups:** We encourage people to pursue their passions and build community with their own special gifts and interests. Our thriving community offers book clubs, Bible studies, game nights, support groups, card games, bocce ball, a pool table and even a Wii bowling league. Resident interests drive all our activities.



#### INDEPENDENT LIVING APARTMENTS.

Studio, one-bedroom or two-bedroom apartments all come with Andara's amenities and services.

- Two meals a day, including a continental breakfast—plus a full lunch or dinner
- · Weekly housekeeping service
- Scheduled transportation and chauffeur services
- · Fitness center and a variety of classes
- · Planned social outings
- · Emergency response system 24/7

- Direct TV and all utilities
- · In-room safe for valuables
- Full-size kitchens with gorgeous granite counter tops, stainless steel appliances, upgraded cabinets
- Pet friendly
- · Private outdoor patio or balcony
- · 24/7 concierge services
- · In-room washer and dryer



#### ASSISTED LIVING APARTMENTS.

At Andara we like to call assisted living simply LIVING, with a little help (or a lot) when you ask for it. Studio or one-bedroom apartments all come with Andara's amenities and services.

- · 24-Hour staff and on-call nurse
- · Emergency response system 24/7
- · Direct TV and all utilities
- In-room safe for valuables
- · Well-being checks for peace of mind
- Full-size kitchens with gorgeous granite counter tops, stainless steel appliances, upgraded cabinets
- · Three delicious meals per day

- Weekly housekeeping, linen service and personal laundry
- · Planned social outings
- · Fitness center and a variety of classes
- · Pet friendly
- Private outdoor patio or balcony
- Scheduled transportation and chauffeur services





11415 North 114th Street • Scottsdale, AZ 85259 (480) 451-1800 AndaraSeniorLiving.com

## ANDARA IS MANAGED BY CADENCE LIVING.

Not only is Andara the most highly sought after retirement community in Scottsdale, it's also managed by Cadence Living. Cadence is continuing the successful legacy of this prime community and adding more!

What makes a Cadence community special? Just as composers orchestrate music to strike the right feeling, Cadence cultivates a vibrant rhythm for living a fully engaged life. Our people, places and programs work in harmony to create experiences to delight residents and make communities thrive. Our creative and progressive approach focuses on health, wellness and living styles that respect individual preferences, while providing supportive services to encourage people to live their best life—at any age and in the way they choose.

Find Your Cadence®

CadenceSL.com



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