



cogir

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SENIOR LIVING

# THE COGIR DIFFERENCE



WELCOME TO

# COGIR OF BREA

We are honored you or a loved one is considering Cogir of Brea to experience life's next chapter. At Cogir of Brea, we strive to create a culture of caring. If you or a loved one is looking for a senior living community driven by a dedication to care and compassion, we'd love to meet you.

Operated by Cogir Senior Living, our community has an atmosphere and personality all its own. We provide a truly exceptional experience, blending the comforts of a custom-built home with the convenience of additional services tailored to meet each individual resident's needs. At Cogir of Brea, our personalized activities, services and amenities enhance quality of life and allow our residents to focus on filling each day with friends and memories.

WE INVITE YOU TO EXPLORE.

# COME & STAY AWHILE



## YOU'LL WISH YOU MOVED HERE SOONER!

Having a wide range of amenities and services at hand means you can relax, explore, and spend free time any way you like.

Cultural programs, classes, extraordinary outings, and other pursuits are a part of everyday life here. You might meet friends for a game of cards, get a fresh cut and style in our salon, or hit the fitness center for an invigorating workout. Heading out for shopping, appointments, or events? We'll do the driving.

Spend your time living in comfort and sophistication at Cogir of Brea Senior Living. Rife with spacious layouts and welcoming designs that will sweep you off your feet, our senior community offers everything you need for a fulfilling lifestyle.

### INCLUDED IN RENT:

- Chef prepared restaurant style dining
- Bar & bistro
- Enclosed outdoor courtyard
- On-site salon & barber
- On-site physical therapy
- On-site fitness center
- Scheduled transportation
- 24/7 emergency services
- Laundry & linen service
- Concierge service
- Art studio
- Fitness center
- Community WiFi in common areas
- On-site movie theater
- Pet friendly community







## **LOCATION**

Welcome to Cogir of Brea, a boutique senior living community located in North Orange County in the heart of Brea, CA. Find the support you need in this upscale community featuring a lush enclosed courtyard and beautiful outdoor dining area. Top amenities and an engaging activities calendar come together to make it easy for you to explore new passions, make new friends and discover what moves you.

## **OUR COMMUNITY**

Our warm and active senior living community offers top-of-the-line accommodations and services for Independent Living, Assisted Living, and Memory Care with care associates available 24 hours a day in case you need any assistance, you are never far from helping hands.

## **PHILOSOPHY OF CARE**

Cogir of Brea was founded on a care philosophy fostering dignity and respect for residents while promoting their independence, interests and individuality. We recognize seniors never stop growing and learning. By promoting a life of vigor through activities and events focused on personal health and growth, our residents lead balanced and fulfilling lives.





# LIFESTYLE OPTIONS

## LOW CARE SERVICES

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### Independent Living

Assistance to maintain independence as long as possible without compromising safety.

### Assisted Living

Personal care and healthcare services designed to assist with normal daily activities.

### Connections Care

Progressive assistance for those with early to-mild memory loss.

### Memory Care

Specially trained staff to handle the unique care needs of those with memory loss.

### End Of Life Care

Compassionate care with dignity to improve quality of life & comfort during final stages.

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## HIGH CARE SERVICES

## **LIFE ON YOUR TERMS**

Cogir of Brea residents fully enjoy hotel-like amenities including restaurant-style all-day dining, cleaning service, and bus transportation. Quality, comfort, and enjoyment are paramount to life at Cogir of Brea and residents take advantage of the warm accommodations and professional hospitality services to pursue their passions, socialize, and enjoy every day.

## **STAFF**

We are proudly represented by the best care team members in the area, who adhere to the highest quality standards through continued monthly training. Our Resident Care director creates individualized care and medication management plans and follows through with our residents' health providers. We truly want to partner with our residents and their family members in order to provide the very best care possible.

# THE COST OF CARE

## **APARTMENT RENTAL**

Your monthly rent covers the cost of your private apartment as well as services such as housekeeping, meals, transportation, and utilities.

## **COMMUNITY FEE**

Your community fee contributes to maintaining our beautiful community for your enjoyment, as well as to preparing for your arrival.

## **CARE SERVICES**

Your customized care plan determines the level of care needed to ensure your full comfort and safety.

# COGIR SIGNATURE PROGRAMS

Our Signature Programming is a carefully curated approach that infuses rhythm into every aspect of life, providing residents with a dynamic and engaging lifestyle. From tailored fitness programs to culturally enriching activities, our Signature Programming is a testament to our commitment to fostering a sense of purpose and fulfillment among our residents.

## IN TUNE FITNESS

Physical fitness programming of all types from yoga to weightlifting, walking through Zumba.

## ARIA ARTS

A wide variety of classes and artistic encounters across different mediums that bring the timeless experiences of creativity and self-expression to all. Make something beautiful!

## ARIA MUSIC

Musical engagement programs that acknowledge the underlying connection of the brain and music.

## COGIR CHOIR

Residents, family, friends, staff and the larger community are invited to join the Cogir Choir.

## BACKSTAGE AT COGIR

Live Entertainment opportunities brought right to your community!

## NOMADS

An armchair travelogue group that expands our minds and engages our senses from the comfort of our own homes, as we experience the history, food, culture and beauty of places around the world.





## **INSTRUMENTS OF KNOWLEDGE**

Specially chosen topics, experienced in depth provide an unprecedented opportunity for intellectual engagement and pursuit knowledge on topics that might have captivated our imaginations for years.

## **COMMUNITY WELLNESS**

Our health depends on and is connected to the health of our earth. Through Community Wellness we have the opportunity to experience the benefits that being in nature can bring to our lives.

## **A MOMENT LIKE THIS**

The Cogir Senior Living version of Make A Wish – We will grant a bucket list experience to one of our residents once per quarter.

## **MY LIFE MY CADENCE**

A presentation highlighting one resident's life story and accomplishments. This is coordinated with the resident and their family by the lifestyle team and promoted via marketing.

## **COGIR CARES**

The community will work with its residents to select a charity they would like to get involved with and will structure a plan of how they would like to give back to this charity.

## **SENIOR STORIES**

Senior Stories encourages students across the country to partner with seniors, learn their stories and find engaging ways to tell them to others and share them on social media.

## **FURTISSIMO**

Cogir integrates animals into all aspects of engagement and our wellness programs and promotes the meaningful interactions between animals and our residents.



# FRESH INGREDIENTS. EXTRAORDINARY DINING.

Enjoy exquisite dining at Cogir of Brea. Savor house-made meals expertly prepared with farm-fresh ingredients that meet the highest nutritional and culinary standards.

Unwind at a cocktail party with live music followed by a gourmet dinner where every meal is graciously served with impeccable attention to details.

## ENCORE DINING

Engage your senses with our ENCORE culinary services. Our talented chef creates masterful dishes from various cuisines that will delight your taste buds. We are always happy to accommodate any dietary restrictions.

- Menus featuring fresh, local ingredients
- Catering services
- Room service available









# EXTRAORDINARY

## SENIOR LIVING BY COGIR

THE RIGHT KIND OF HOSPITALITY. THE RIGHT LEVELS OF CARE.

Residents and families can choose from nearly 70 signature Cogir Senior Living communities across the US offering a continuum of care options from independent living and assisted living to memory care and respite care. Together, our communities are staffed with over 3,700 skilled, compassionate team members sharing a common mission: improving the lives of the seniors entrusted in their service and care.

Visit [CogirUSA.com](https://www.CogirUSA.com) to learn more





## THIS COMMUNITY IS MANAGED BY COGIR SENIOR LIVING

Cogir Senior Living cultivates a vibrant rhythm for living a fully engaged life. Our people, places and programs work in harmony to create experiences to delight residents and make communities thrive. Our creative and progressive approach focuses on health, wellness and living styles that respect individual preferences, while providing supportive services to encourage people to live their best life—at any age and in the way they choose.

**The rewards of a life well lived.**

COGIRUSA.COM



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