

Happy Birthday!

Location Key

FL = Front Lobby 1st Floor
DR = Dining Room 1st Floor
CAFE = Cafe 1st Floor
LIB = Library 1st Floor
CY= Courtyard 1st Floor
FIT= Fitness Room 2nd Floor
GR = Game Room 2nd Floor
TR = Talent Room 2nd Floor
AR = Activity Room 3rd Floor
PUB = Pub 3rd Floor
THEA = Theater 3rd Floor

Activity Type Key

- **Active**
- **Cognitive**
- **Community**
- **Dimensional**
- **Environmental**
- **Expressive**
- **Nourishing**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 10:30 Curious Dragonfly: Titanic Part 1 (T) ● 1:00 Community Service Meeting (AR) ● 2:00 4th of July Painting (S) ● 3:30 BINGO (AR) 	<ul style="list-style-type: none"> ● 10:00 Morning Walk & Stretch (CY) ● 11:00 Outdoor Golden Moments (CY) ● 1:30 Lingo (AR) ● 2:00 Mexican Train Dominoes (AR) ● 3:30 Beers with the Boys (P) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 11:00 Creative Coloring (AR) ● 1:00 Rummikub (AR) ● 2:00 Documentary: Remembering Gene Wilder (T) ● 4:00 Happy Hour (DR) 	<p>Independence Day</p> <ul style="list-style-type: none"> ● 11:45 4th of July Buffet (DR) ● 12:00 Chris Cheslin Duo (DR) 	<ul style="list-style-type: none"> ● 10:00 Morning Stretch and Flex (FC) ● 10:30 Green Thumbs (CY) ● 1:30 BINGO (AR) ● 3:30 Women's Wine Down (P) ● 6:30 Family Movie Night (T)
<ul style="list-style-type: none"> ● 10:00 Outdoor Courtyard Walk (CY) ● 11:00 Board Games-Independent Play (AR) ● 3:00 Movie: Mary Poppins (T) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 11:00 Feed the Kitty (AR) ● 1:00 Travel Presentation: Ellis Island to Denver (T) ● 3:00 Barry's Film Series: The Birth of a Nation (T) ● 5:00 Pre-Dinner Stroll (CY) 	<ul style="list-style-type: none"> ● 10:00 Seated Yoga (FC) ● 11:00 Introduction to Lifeloop (C) ● 1:30 BINGO (AR) ● 3:00 Showcase (FL) ● 4:00 Resident Activity Meeting (AR) 	<ul style="list-style-type: none"> ● 10:00 Morning Walk & Stretch (CY) ● 11:00 Outdoor Golden Moments (CY) ● 1:30 Word Warriors (FL) ● 2:30 Chef Cooking Demonstration (DR) ● 3:30 Create Your Own Tote (AR) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 10:30 Active Minds: World Heritage Sites (T) ● 1:30 Creative Cards (AR) ● 3:00 Trivia Time Machine (FL) ● 4:00 Happy Hour (DR) 	<ul style="list-style-type: none"> ● 10:00 Outdoor Courtyard Walk (CY) ● 11:00 Scrabble (AR) ● 1:30 Yahtzee (AR) ● 2:30 Friday Matinee: The Intern (T) 	<ul style="list-style-type: none"> ● 10:00 Morning Stretch and Flex (FC) ● 10:30 Raised Garden Bed Planting (CY) ● 1:30 BINGO (AR) ● 3:00 Root Beer Float Social (FL) ● 6:30 Family Movie Night (T)
<ul style="list-style-type: none"> ● 10:00 Morning Stretch and Flex (FC) ● 11:00 Scripture Reading (L) ● 1:30 Chicken Soup for the Soul Series (FL) ● 2:30 Global Explorers (T) ● 4:00 Mexican Train Dominoes (AR) ● 6:30 Documentary: Tigers on the Rise (T) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 11:00 Trivia (FL) ● 1:30 Bunco (AR) ● 3:00 Barry's Film Series: Min and Bill (T) 	<ul style="list-style-type: none"> ● 10:00 Seated Yoga (FC) ● 11:00 Group Sudoku (FL) ● 1:00 Community Service Project (AR) ● 2:00 Bake My Day (DR) ● 3:30 BINGO (AR) 	<ul style="list-style-type: none"> ● 10:00 Morning Walk & Stretch (CY) ● 11:00 EmpowerMe Kickoff Event (FL) ● 1:30 Paint and Pass (TR) ● 2:30 Nutrition Hub (C) ● 3:30 Beers with the Boys (P) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 11:00 Make Your Own Sugar Scrub (AR) ● 1:30 Rummikub (AR) ● 3:00 Trivial Pursuit (AR) ● 4:00 Happy Hour (DR) 	<ul style="list-style-type: none"> ● 10:00 Outdoor Courtyard Walk (CY) ● 11:00 Therapy Dog (FL) ● 1:30 Triominos (AR) ● 2:30 Friday Matinee: The Blues Brothers (T) 	<ul style="list-style-type: none"> ● 10:00 Morning Stretch and Flex (FC) ● 10:30 Green Thumbs (CY) ● 1:30 BINGO (AR) ● 3:30 Women's Wine Down (P) ● 6:30 Family Movie Night (T)
<ul style="list-style-type: none"> ● 10:00 Morning Stretch and Flex (FC) ● 11:00 Hymn Sing (T) ● 1:30 Chicken Soup for the Soul Series (FL) ● 4:00 Scattegories (AR) ● 6:30 Documentary: Oceans (T) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 11:00 Lingo (AR) ● 1:30 July Birthday Celebration (FL) ● 3:00 Barry's Film Series: Destination Moon (T) ● 5:00 Pre-Dinner Stroll (CY) 	<ul style="list-style-type: none"> ● 10:00 Seated Yoga (FC) ● 11:00 Introduction to Lifeloop (C) ● 1:30 Music with Josh (FL) ● 3:00 Hawaiian High Tea (DR) 	<ul style="list-style-type: none"> ● 10:00 EmpowerMe Fitness (FC) ● 11:00 Outdoor Golden Moments (CY) ● 2:00 Community Town Hall Meeting (DR) ● 3:30 Lingo (FL) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 10:30 Active Minds: Nuclear Energy (T) ● 1:30 Tripoley (GR) ● 3:00 Group Sudoku (AR) ● 4:00 Happy Hour (DR) 	<ul style="list-style-type: none"> ● 10:00 EmpowerMe Fitness (FC) ● 11:00 Hangman (FL) ● 1:30 Feed the Kitty (AR) ● 2:30 Friday Matinee: Mamma Mia! (T) 	<ul style="list-style-type: none"> ● 10:00 Morning Stretch and Flex (FC) ● 10:30 Green Thumbs (CY) ● 1:30 BINGO (AR) ● 3:30 Build your own Sundae (AR) ● 6:30 Family Movie Night (T)
<ul style="list-style-type: none"> ● 10:00 Morning Stretch and Flex (FC) ● 11:00 Scripture Reading (L) ● 1:30 Chicken Soup for the Soul Series (FL) ● 3:00 Showcase (FL) ● 6:30 Documentary: Wings of Life (T) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 11:00 Trivia (FL) ● 1:30 Yahtzee (AR) ● 3:00 Barry's Film Series: Quo Vadis (T) 	<ul style="list-style-type: none"> ● 10:00 Seated Yoga (FC) ● 11:00 Introduction to Lifeloop (C) ● 1:30 Paint and Sip (TR) ● 3:00 BINGO (AR) ● 7:00 Cocktail and Dessert Party (FL) 	<ul style="list-style-type: none"> ● 10:00 EmpowerMe Fitness (FC) ● 11:00 Outdoor Golden Moments (CY) ● 1:30 Word Warriors (FL) ● 2:30 The Stew (DR) ● 4:00 Scattegories (AR) 	<ul style="list-style-type: none"> ● 10:00 Hand Weight Exercise (FC) ● 11:00 Triominos (GR) ● 1:30 Rummikub (AR) ● 3:00 Trivia Time Machine (FL) ● 4:00 Happy Hour (DR) 		