

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

## Happy Birthday!



- 9:00 Morning Exercise (G)
- 10:00 Catholic Communion (BR)
- 10:30 Bingo (CR)
- 1:00 Let's Play a Game (CR)
- 2:00 Resident Counsel Meeting (PR)
- 3:00 Tippy Tuesday (GP)
- 6:30 Paint Night (AR)

- 9:00 Morning Exercise (G)
- 10:00 Resident Led Board Games (CR)
- 12:00 Resident Store Open (RS)
- 1:00 Bible Study (CR)
- 1:00 Daily Bread with Colleen (RR)
- 1:00 Pinnocchio (2F)
- 3:00 Knit Wits (PR)
- 5:00 Summer Concert Series (NB)

- 9:00 Morning Exercise (G)
- 11:00 Men's Club (CR)
- 1:00 Activities Committee Meeting (PR)
- 1:00 Build-A-Friendship (CR)
- 2:00 Uno (CR)
- 3:00 Putting (CR)

- 9:00 Morning Exercise (G)
- 10:30 Bingo (CR)
- 12:00 Resident Store (RS)
- 1:30 Table Jenga (NP)
- 2:30 Pool (3F)
- 3:00 Board Games (CR)

- 9:00 Morning Exercise (G)
- 10:00 Board Games (CR)
- 12:30 Afternoon Movie (CR)
- 2:30 Virtual Tai Chi (G)
- 3:00 Lemonade Social (CR)

- Barbara F 7/1
- Doug H 7/1
- Carmela S 7/1
- Paula S 7/4
- Barbara N 7/8
- Steve D 7/13
- Bill H 7/15
- Carolyn L 7/15
- William G 7/16
- Marc A 7/19
- Jeanie H 7/19
- Hisako B 7/20
- MaryJane M 7/21
- Marlene S 7/23

- 9:30 Livestream Life Center Church: YouTube (CR)
- 10:30 Mexican Train (CR)
- 1:00 Bingo (CR)
- 3:00 Rummy with Donna (CR)
- 6:30 Resident Led Evening Games (CR)

- 9:00 Morning Exercise (G)
- 9:00 Salon Day (FD)
- 10:00 Hand - Knee - Foot with Johanna & Edie (GP)
- 10:00 Kings in the Corner (CR)
- 12:00 Resident Store (RS)
- 1:00 Bridge with Bill (2F)
- 2:00 Shopping Fred Meyer (NL)
- 3:00 Monday Margaritas & Karaoke with Deanna (CR)

- 9:00 Morning Exercise (G)
- 10:00 Catholic Communion (BR)
- 10:30 Bingo (CR)
- 1:00 Let's Play a Game (CR)
- 2:00 All Resident Meeting (RG)
- 3:00 Tippy Tuesday (GP)
- 6:30 Paint Night (AR)

- 9:00 Morning Exercise (G)
- 10:00 GAME TIME! (CR)
- 12:00 Resident Store Open (RS)
- 1:00 Bible Study (CR)
- 1:00 Daily Bread with Colleen (RR)
- 1:00 Pinnocchio (2F)
- 3:00 Poker (CR)

- 9:00 Morning Exercise (G)
- 10:30 Yahtzee/Word Yahtzee (CR)
- 1:00 Build-A-Friendship (CR)
- 2:00 Uno (CR)
- 3:00 Putting (CR)

- 9:00 Morning Exercise (G)
- 10:30 Bingo (CR)
- 12:00 Resident Store (RS)
- 1:30 Table Jenga (NP)
- 2:30 Pool (3F)
- 3:00 Board Games (CR)

- 9:00 Morning Exercise (G)
- 10:00 Board Games (CR)
- 12:30 Afternoon Movie (CR)
- 2:30 Virtual Tai Chi (G)
- 3:00 Lemonade Social (CR)

## Location Key

- CAS = Cascade Room
- Gym = Gym
- GPR = GPR
- NP = Narrows Patio
- RG = Rainier Grill
- PIL = Pilchuck Room
- Pool = 3rd Floor Pool Table
- OLY = Olympus Room
- BAK = Baker Room
- LHLB = Laurel House Library
- NLB = Narrows Library
- Art = Art Room
- NL = Narrows Lobby
- LHLB = Laurel House Lobby
- LHO = Laurel House Outdoor
- NBY = Narrows Backyard

- 9:30 Livestream Life Center Church: YouTube (CR)
- 10:30 Mexican Train (CR)
- 1:00 Bingo (CR)
- 3:00 Ladies Tea (CR)
- 6:30 Resident Led Evening Games (CR)

- 9:00 Morning Exercise (G)
- 9:00 Salon Day (FD)
- 10:00 Hand - Knee - Foot with Johanna & Edie (GP)
- 12:00 Resident Store (RS)
- 1:00 Bridge with Bill (2F)
- 2:00 Shopping Fred Meyer (NL)
- 3:00 Monday Margaritas & Movie (CR)

- 9:00 Morning Exercise (G)
- 10:00 Catholic Communion (BR)
- 10:30 Bingo (CR)
- 1:00 Let's Play a Game (CR)
- 3:00 Tippy Tuesday (GP)
- 6:30 Paint Night (AR)

- 9:00 Morning Exercise (G)
- 10:00 Resident Led Board Games (CR)
- 12:00 Resident Store Open (RS)
- 1:00 Bible Study (CR)
- 1:00 Daily Bread with Colleen (RR)
- 1:00 Pinnocchio (2F)
- 2:00 New Resident Meet & Greet (CR)
- 3:00 Knit Wits (PR)
- 5:00 Summer Concert Series (NB)

- 9:00 Morning Exercise (G)
- 11:00 Men's Club (CR)
- 11:00 Resident Outing: Rosewood Cafe (NL)
- 1:00 Build-A-Friendship (CR)
- 2:00 Uno (CR)
- 3:00 Putting (CR)

- 9:00 Morning Exercise (G)
- 10:30 Bingo (CR)
- 12:00 Resident Store (RS)
- 1:30 Table Jenga (NP)
- 2:30 Pool (3F)
- 3:00 Board Games (CR)

- 9:00 Morning Exercise (G)
- 10:00 Board Games (CR)
- 11:30 Resident Outing: Cloverleaf Pizza (NL)
- 12:30 Afternoon Movie (CR)
- 2:30 Virtual Tai Chi (G)
- 3:00 Lemonade Social (CR)

## Activity Type Key

- Active
- Cognitive
- Community
- Dimensional
- Environmental
- Expressive
- Nourishing

- 9:00 PNW Connections (CR)
- 10:30 Mexican Train (CR)
- 1:00 Bingo (CR)
- 3:00 Rummy with Donna (CR)
- 6:30 Resident Led Evening Games (CR)

- 9:00 Morning Exercise (G)
- 9:00 Salon Day (FD)
- 10:00 Hand - Knee - Foot with Johanna & Edie (GP)
- 12:00 Resident Store (RS)
- 1:00 Bridge with Bill (2F)
- 2:00 Shopping Fred Meyer (NL)
- 3:00 Monday Margaritas & Karaoke with Deanna (CR)

- 9:00 Morning Exercise (G)
- 10:00 Catholic Communion (BR)
- 10:30 Bingo (CR)
- 1:00 Let's Play a Game (CR)
- 3:00 Tippy Tuesday (GP)
- 6:30 Paint Night (AR)

- 9:00 Morning Exercise (G)
- 10:00 GAME TIME! (CR)
- 12:00 Resident Store Open (RS)
- 1:00 Bible Study (CR)
- 1:00 Daily Bread with Colleen (RR)
- 1:00 Pinnocchio (2F)
- 3:00 Poker (CR)

- 9:00 Morning Exercise (G)
- 10:00 Kings in the Corner (CR)
- 11:30 Resident Outing: AMC Lakewood Cinema: Superman PG-13 \$11.19 + tax per person (NL)
- 1:00 Build-A-Friendship (CR)
- 2:00 Uno (CR)
- 3:00 Putting (CR)

- 9:00 Morning Exercise (G)
- 10:30 Bingo (CR)
- 12:00 Resident Store (RS)
- 1:30 Table Jenga (NP)
- 2:30 Pool (3F)
- 3:00 Board Games (CR)

- 9:00 Morning Exercise (G)
- 10:00 Board Games (CR)
- 12:30 Afternoon Movie (CR)
- 2:30 Virtual Tai Chi (G)
- 3:00 Lemonade Social (CR)

- 9:30 Livestream Life Center Church: YouTube (CR)
- 10:30 Mexican Train (CR)
- 1:00 Bingo (CR)
- 3:00 Rummy with Donna (CR)
- 6:30 Resident Led Evening Games (CR)

- 9:00 Morning Exercise (G)
- 9:00 Salon Day (FD)
- 10:00 Hand - Knee - Foot with Johanna & Edie (GP)
- 12:00 Resident Store (RS)
- 1:00 Bridge with Bill (2F)
- 2:00 Shopping Fred Meyer (NL)
- 3:00 Monday Margaritas & Movie (CR)

- 9:00 Morning Exercise (G)
- 10:00 Catholic Communion (BR)
- 10:30 Bingo (CR)
- 1:00 Let's Play a Game (CR)
- 3:00 Tippy Tuesday (GP)
- 6:30 Paint Night (AR)

- 9:00 Morning Exercise (G)
- 12:00 Resident Store Open (RS)
- 1:00 Bible Study (CR)
- 1:00 Daily Bread with Colleen (RR)
- 1:00 Pinnocchio (2F)
- 3:00 Poker (CR)

- 9:00 Morning Exercise (G)
- 11:00 Men's Club (CR)
- 11:30 Resident Outing: The Fish Peddler (NL)
- 1:00 Build-A-Friendship (CR)
- 2:00 Uno (CR)
- 3:00 Putting (CR)

"I love how summer just wraps its arms around you like a warm blanket." – Rick Bass