

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key

- AP = Aquamarine Pool
- C981 = Channel 981/982
- CL = Computer Lab
- CR = Conference Room
- CCL = Copper Canyon Lounge
- CP = Courtyard Patio
- DT = Diamond Theater
- FGGR = Fools Gold Game Room
- GR = Granite Room
- LRA = Living Room A
- LRB = Living Room B
- LAR = Lodge Activity Room
- LL = Lodge Lobby
- LTV = Lodge TV Room
- MCD = MC Dining Room
- MR = Marble Room
- MR = Movie Room
- PP = Pearl Parlor
- RQC = Rose Quartz Chapel
- SDR = Sapphire Dining Room
- SFDR = Silver Falls Dining Room
- SS = Sunstone Studio
- TL = Terrace Living Room
- 1FF = 1st Floor Fitness
- 3rd = 3rd Floor Dining

Activity Type Key

- Active
- Cognitive
- Community
- Dimensional
- Environmental
- Expressive
- Nourishing

						<ul style="list-style-type: none"> ● 9:00 Lodge Exercise (LAR) ● 9:30 Balance & Wellness (SS) ● 10:00 Tech Help (sign up) ● 10:30 Cogir Choir Practice (DT) ● 10:30 Strength & Balance (SS) ● 11:00 Schmaltz Gifts (TLR) ● 11:45 General Store (LL) ● 1:00 Feel The Beat Cardio Class (SS) ● 1:00 Fun Food Forum (DT) ● 1:00 Game Hour (LAR) ● 1:00 Scenic Ride (LL) ● 2:00 Star Trek Club (DT) ● 2:30 Friday Matinee (C9) ● 2:45 Men's Hole-in-the-Wall Gang (CCL) ● 3:00 Phil Hall - Popcorn Social (SDR) ● 5:15 Ridgefield Raptors Game (sign up) ● 6:00 Movie in the Theater (DT) 	<ul style="list-style-type: none"> ● 10:00 Baking Class: Chocolate Chip Cookies (LAR) ● 10:30 Women's Coffee Klatch (GR) ● 11:00 Youtube Trivia (LTR) ● 1:00 BINGO for Quarters (DT) ● 2:30 Movie Matinee in Theater (DT) ● 3:00 Cards n' Marbles (GR) ● 5:00 Vancouver Arts & Music Festival (sign up) ● 6:30 Evening Movie on TV (C9)
<ul style="list-style-type: none"> ● 10:00 Holy Communion (RQC) ● 10:00 Scrabble (3FD) ● 10:30 Nehemiah Gospel Video (C9) ● 12:45 Blitz w/ Renae (GR) ● 1:00 Dollar Tree Shopping (sign up) ● 2:00 Sunday Service (RQC) ● 2:30 Meet Your Neighbor ● 3:00 Craft & Chat (LAR) ● 6:30 Classic Movie (C9) 	<ul style="list-style-type: none"> ● 9:00 Lodge Exercise (LAR) ● 9:30 Balance & Wellness (SS) ● 9:30 Clark County Fair (sign up) ● 10:00 Daily Dialogue w/ Renae (LTR) ● 10:30 Fitness Drumming Class (SS) ● 10:30 Great Courses Class (DT) ● 11:00 Writing Workshop (GR) ● 1:00 Cribbage (GR) ● 1:00 Documentary (DT) ● 1:00 Feel The Beat Cardio Class (SS) ● 2:00 Brain Training (MR) ● 2:30 Wii Bowling (LTR) ● 3:00 BINGO for Tickets (LAR) ● 6:30 Documentary on TV (C9) 	<ul style="list-style-type: none"> ● 9:30 Circuit Training (SS) ● 10:00 Garden Help (sign up) ● 10:30 Seated Dance Class (3FD) ● 10:30 Yoga w/Bill (SS) ● 11:30 Guided Meditation (CCL) ● 1:00 Fred Meyer (sign up) ● 1:30 Fred Meyer (sign up) ● 1:30 Parkinson's Move & Groove Fitness Class (SS) ● 2:00 Bridge (GR) ● 2:30 Wood Shop Open Workshop (sign up) ● 4:15 Dinner Out: Leonardo's (sign up) 	<ul style="list-style-type: none"> ● 8:00 Men's Breakfast Outing to Otra Vez (sign up) ● 9:00 Lodge Exercise (LAR) ● 9:30 Balance & Wellness (SS) ● 10:00 Floral Centerpiece Making (SFDR) ● 10:30 Bible Study (LTR) ● 10:30 Cogir Choir Rehearsal (DT) ● 10:30 Strength & Balance (SS) ● 1:00 Town Hall (DT) ● 2:00 Brain Training (MR) ● 2:00 Mahjong (GR) ● 2:30 Fitness Drumming Class (SS) ● 2:30 Wii Bowling (LTR) ● 3:00 Manicures (sign up) (MR) ● 4:30 August Birthday Party (SFDR) 	<ul style="list-style-type: none"> ● 9:30 Circuit Training (SS) ● 10:00 Craft: Paper Flowers (LAR) ● 10:00 Walmart/Costco/Bank/Trader Joe's (sign up) ● 10:30 Cancer Support Group (LTR) ● 10:30 FUNetics (GR) ● 10:30 Yoga w/Bill (SS) ● 1:00 Bingo on 3rd Floor (3FD) ● 1:00 Blackjack (GR) ● 1:00 Mexican Train Dominos (LTR) ● 1:30 Parkinson's Move & Groove Fitness Class (SS) ● 6:00 Summer Concert Series: Hit Machine (CP) 	<ul style="list-style-type: none"> ● 9:00 Lodge Exercise (LAR) ● 9:30 Balance & Wellness (SS) ● 10:00 Tech Help (sign up) ● 10:30 Bridge (GR) ● 11:45 General Store (LL) ● 1:00 Feel The Beat Cardio Class (SS) ● 1:00 Game Hour (LAR) ● 1:00 Scenic Ride (LL) ● 2:30 Friday Matinee (C9) ● 2:45 Men's Hole-in-the-Wall Gang (CCL) ● 3:00 Sing-a-Long with Steve (SDR) ● 6:00 Movie in the Theater (DT) 	<ul style="list-style-type: none"> ● 10:30 Women's Coffee Klatch (GR) ● 1:00 BINGO for Quarters (DT) ● 2:30 Movie Matinee in Theater (DT) ● 3:00 Cards n' Marbles (GR) ● 6:30 Evening Movie on TV (C9) 	
<ul style="list-style-type: none"> ● 10:00 Holy Communion (RQC) ● 10:00 Scrabble (3FD) ● 2:00 Sunday Service (RQC) ● 3:00 Craft & Chat (LAR) ● 5:15 Concert in the Park: Brewer's Grade (sign-up) ● 6:30 Classic Movie (C9) 	<ul style="list-style-type: none"> ● 9:00 Lodge Exercise (LAR) ● 9:30 Balance & Wellness (SS) ● 10:00 Art Adventure (sign up) (MR) ● 10:00 Daily Dialogue w/ Renae (LTR) ● 10:30 Fitness Drumming Class (SS) ● 10:30 Great Courses Class (DT) ● 11:00 Writing Workshop (GR) ● 1:00 Cribbage (GR) ● 1:00 Documentary (DT) ● 1:00 Feel The Beat Cardio Class (SS) ● 2:00 Brain Training (MR) ● 2:30 Wii Bowling (LTR) ● 3:00 BINGO for Tickets (LAR) ● 6:30 Documentary on TV (C9) 	<ul style="list-style-type: none"> ● 9:30 Circuit Training (SS) ● 10:00 Veteran's Coffee & Donuts (CCL) ● 10:30 Seated Dance Class (3FD) ● 10:30 Yoga w/Bill (SS) ● 11:30 Guided Meditation (CCL) ● 1:00 Fred Meyer (sign up) ● 1:30 Fred Meyer (sign up) ● 1:30 Parkinson's Move & Groove Fitness Class (SS) ● 2:00 Bridge (GR) ● 2:00 PHSW Presentation: Fall Prevention (DT) ● 2:30 Wood Shop Open Workshop (sign up) (W) ● 4:15 Dinner Out: Kabob City Grill (sign up) 	<ul style="list-style-type: none"> ● 9:00 Lodge Exercise (LAR) ● 9:30 Balance & Wellness (SS) ● 9:30 The Aerie at Eagle Landing Mini Golf Fitness Outing (sign up) ● 10:30 Bible Study (LTR) ● 10:30 Strength & Balance (SS) ● 12:45 Walking Group (TLR) ● 1:00 Hope Dementia Presentation (DT) ● 2:00 Brain Training (MR) ● 2:00 Mahjong (GR) ● 2:30 Fitness Drumming Class (SS) ● 2:30 Wii Bowling (LTR) ● 3:00 Manicures (sign up) (MR) 	<ul style="list-style-type: none"> ● 9:30 Circuit Training (SS) ● 10:00 Craft: Jar Bookmarks (LAR) ● 10:00 Walmart/Costco/Bank/Trader Joe's/Farmers Market (sign up) ● 10:30 FUNetics (GR) ● 10:30 Seated Dance Class (3FD) ● 10:30 Yoga w/Bill (SS) ● 1:00 Bingo on 3rd Floor (3FD) ● 1:00 Blackjack (GR) ● 1:00 Mexican Train Dominos (LTR) ● 1:30 Parkinson's Move & Groove Fitness Class (SS) ● 3:30 Happy Hour with Molli Paige (CP) 	<ul style="list-style-type: none"> ● 9:00 Lodge Exercise (LAR) ● 9:30 Balance & Wellness (SS) ● 10:00 Day Trip to Sauvie Island (sign up) ● 10:30 Bridge (GR) ● 10:30 Cogir Choir Practice (DT) ● 10:30 Strength & Balance (SS) ● 11:45 General Store (LL) ● 1:00 Feel The Beat Cardio Class (SS) ● 1:00 Scenic Ride (LL) ● 2:30 Friday Matinee (C9) ● 2:45 Men's Hole-in-the-Wall Gang (CCL) ● 3:00 Popcorn Social w/ Kim & Terry (SDR) ● 6:00 Movie in the Theater (DT) 	<ul style="list-style-type: none"> ● 10:30 Women's Coffee Klatch (GR) ● 11:00 Youtube Trivia (LTR) ● 1:00 BINGO for Quarters (DT) ● 2:30 Movie Matinee in Theater (DT) ● 3:00 Cards n' Marbles (GR) ● 6:30 Evening Movie on TV (C9) 	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- 17**
- 10:00 Holy Communion (RQC)
 - 10:00 Scrabble (3FD)
 - 10:30 Nehemiah Gospel Video (C9)
 - 12:45 Blitz w/ Renae (GR)
 - 1:00 Thrift Store Shopping (sign up)
 - 2:00 Bingo Buddies for The Atrium
 - 2:00 Sunday Service (RQC)
 - 3:00 Craft & Chat (LAR)
 - 5:15 Concert in the Park: Hit Machine (sign-up)
 - 6:30 Classic Movie (C9)



- 18**
- 9:00 Lodge Exercise (LAR)
 - 9:30 Balance & Wellness (SS)
 - 10:00 Daily Dialogue (LTR)
 - 10:00 Quarry Quilters (MR)
 - 10:30 Fitness Drumming Class (SS)
 - 10:30 Great Courses Class (DT)
 - 11:00 Writing Workshop (GR)
 - 1:00 Cribbage (GR)
 - 1:00 Documentary (DT)
 - 1:00 Feel The Beat Cardio Class (SS)
 - 1:00 Sole Mates Walking Club (sign up) Steigerwald Wildlife Refuge
 - 2:00 Brain Training (MR)
 - 2:30 Wii Bowling (LTR)
 - 3:00 BINGO for Tickets (LAR)
 - 3:00 Drama Rehearsal (DT)
 - 4:30 Resident Mix & Mingle (SFDR)
 - 6:30 Documentary on TV (C9)

- 19**
- 9:30 Circuit Training (SS)
 - 10:30 New Resident Welcome Social (TLR)
 - 10:30 Seated Dance Class (3FD)
 - 10:30 Yoga w/Bill (SS)
 - 11:30 Guided Meditation (CCL)
 - 1:00 Fred Meyer (sign up)
 - 1:30 Fred Meyer (sign up)
 - 1:30 Parkinson's Move & Groove Fitness Class (SS)
 - 2:00 Bridge (GR)
 - 2:00 C-Van & C-Tran Presentation (DT)
 - 2:30 Wood Shop Open Workshop (sign up)
 - 4:15 Dinner Out: Spaghetti Factory (sign up)

- 20**
- 9:00 Lodge Exercise (LAR)
 - 9:30 Balance & Wellness (SS)
 - 10:00 Floral Centerpiece Making (SFDR)
 - 10:00 Lemon & Blueberry Themed Tea Party (SFDR)
 - 10:00 Low Vision Support Group (SFDRBFP)
 - 10:30 Bible Study (LTR)
 - 10:30 Strength & Balance (SS)
 - 1:00 Resident Monthly Meeting (DT)
 - 2:00 Brain Training (MR)
 - 2:00 Mahjong (GR)
 - 2:30 Fitness Drumming Class (SS)
 - 2:30 Wii Bowling (LTR)
 - 3:00 Golden Gopher Support Group (CCL)
 - 3:00 Manicures (sign up) (MR)
 - 6:30 Jazz Appreciation (CCL)

- 21**
- 9:30 Circuit Training (SS)
 - 9:30 Garage Sale for the Alzheimer's Association
 - 10:00 Walmart/Costco/Bank/Trader Joe's/Farmers Market (sign up)
 - 10:30 Book Club (GR)
 - 10:30 Seated Dance Class (3FD)
 - 10:30 Yoga w/Bill (SS)
 - 1:00 Bingo on 3rd Floor (3FD)
 - 1:00 Blackjack (GR)
 - 1:00 Mexican Train Dominos (LTR)
 - 1:30 Parkinson's Move & Groove Fitness Class (SS)
 - 3:30 Happy Hour with James Clem (CP)
 - 6:30 Old Time Radio (CCL)

- 22**
- 9:00 Lodge Exercise (LAR)
 - 9:30 Balance & Wellness (SS)
 - 9:30 Garage Sale for the Alzheimer's Association
 - 10:00 Tech Help (sign up)
 - 10:30 Bridge (GR)
 - 10:30 Cogir Choir Practice (DT)
 - 10:30 Strength & Balance (SS)
 - 11:45 General Store (LL)
 - 1:00 Feel The Beat Cardio Class (SS)
 - 1:00 Game Hour (LAR)
 - 1:00 Scenic Ride (LL)
 - 2:00 Walmart Vision Clinic (MR)
 - 2:30 Friday Matinee (C9)
 - 2:45 Men's Hole-in-the-Wall Gang (CCL)
 - 3:00 Popcorn Social w/ Ron (SDR)
 - 6:00 Movie in the Theater (DT)

- 23**
- 10:00 Baking Class: Mango Mousse Cups (LAR)
 - 10:00 Sauvie Island Dahlia Farm (sign up)
 - 10:30 Women's Coffee Klatch (GR)
 - 11:00 Youtube Trivia (LTR)
 - 1:00 BINGO for Quarters (DT)
 - 2:15 Opera Showing: Il Barbiere Di Siviglia (DT)
 - 2:30 Movie Matinee in Theater (DT)
 - 3:00 Cards n' Marbles (GR)
 - 6:30 Evening Movie on TV (C9)

- 24**
- 10:00 Holy Communion (RQC)
 - 10:00 Scrabble (3FD)
 - 12:45 Blitz w/ Renae (GR)
 - 1:30 Meet Your Neighbor
 - 2:00 Sunday Service (RQC)
 - 2:30 Thrift Store Shopping (sign up)
 - 2:45 Wine & Jazz Festival (sign up)
 - 3:00 Craft & Chat (LAR)
 - 6:30 Classic Movie (C9)

- 25**
- 9:00 Lodge Exercise (LAR)
 - 9:30 Balance & Wellness (SS)
 - 10:00 Daily Dialogue w/ Renae (LTR)
 - 10:30 Fitness Drumming Class (SS)
 - 10:30 Great Courses Class (DT)
 - 11:00 Writing Workshop (GR)
 - 12:00 Ladies Lunch to Amaro's Table (sign up)
 - 1:00 Cribbage (GR)
 - 1:00 Documentary (DT)
 - 1:00 Feel The Beat Cardio Class (SS)
 - 2:00 Brain Training (MR)
 - 2:30 Wii Bowling (LTR)
 - 3:00 BINGO for Tickets (LAR)
 - 3:00 Drama Rehearsal (DT)
 - 6:30 Documentary on TV (C9)

- 26**
- 9:30 Circuit Training (SS)
 - 10:00 Garden Help (Sign Up)
 - 10:30 Seated Dance Class (3FD)
 - 10:30 Yoga w/Bill (SS)
 - 11:30 Guided Meditation (CCL)
 - 1:00 Fred Meyer (sign up)
 - 1:30 Fred Meyer (sign up)
 - 1:30 Parkinson's Move & Groove Fitness Class (SS)
 - 2:00 Bridge (GR)
 - 2:00 Hearing Aid Clinic (FGGR)
 - 2:30 Wood Shop Open Workshop (sign up) (W)
 - 4:15 Dinner Out: McMenamin's (sign up)

- 27**
- 9:00 Lodge Exercise (LAR)
 - 9:30 Balance & Wellness (SS)
 - 10:30 Bible Study (LTR)
 - 10:30 Strength & Balance (SS)
 - 12:45 Walking Group (TLR)
 - 2:00 Brain Training (MR)
 - 2:00 Mahjong (GR)
 - 2:30 Fitness Drumming Class (SS)
 - 2:30 Wii Bowling (LTR)
 - 3:00 Manicures (sign up) (MR)
 - 6:00 Open Bar and Mingle (CCL)
 - 6:30 Concert Showing: Il Volo The Best of 10 Years (DT)

- 28**
- 9:30 Circuit Training (SS)
 - 10:00 Craft: Citrus Stamped Towels (LAR)
 - 10:00 Walmart/Costco/Bank/Trader Joe's/Farmers Market (sign up)
 - 10:30 FUNetics (GR)
 - 10:30 Seated Dance Class (3FD)
 - 10:30 Yoga w/Bill (SS)
 - 1:00 Bingo on 3rd Floor (3FD)
 - 1:00 Blackjack (GR)
 - 1:00 Mexican Train Dominos (LTR)
 - 1:30 Parkinson's Move & Groove Fitness Class (SS)
 - 2:00 Welcome Committee Meeting (MR)
 - 3:30 Happy Hour w/ Reb Conner (CP)

- 29**
- 9:00 Lodge Exercise (LAR)
 - 9:30 Balance & Wellness (SS)
 - 9:30 Illani Casino Day Trip (sign up)
 - 10:00 Tech Help (sign up)
 - 10:30 Bridge (GR)
 - 10:30 Cogir Choir Practice (DT)
 - 10:30 Strength & Balance (SS)
 - 11:45 General Store (LL)
 - 1:00 Feel The Beat Cardio Class (SS)
 - 1:00 Game Hour (LAR)
 - 1:00 Scenic Ride (LL)
 - 2:30 Friday Matinee (C9)
 - 2:45 Men's Hole-in-the-Wall Gang (CCL)
 - 3:00 Root Beer Floats & Oldies Music (SDR)
 - 6:00 Movie in the Theater (DT)

- 30**
- 10:00 Baking Class: Homemade Ice Cream (LAR)
 - 10:30 Women's Coffee Klatch (GR)
 - 11:00 Youtube Trivia (LTR)
 - 1:00 BINGO for Quarters (DT)
 - 2:30 Movie Matinee in Theater (DT)
 - 3:00 Cards n' Marbles (GR)
 - 6:30 Evening Movie on TV (C9)

- 31**
- 10:00 Holy Communion (RQC)
 - 10:00 Scrabble (3FD)
 - 12:45 Blitz w/ Renae (GR)
 - 2:00 Sunday Service (RQC)
 - 3:00 Craft & Chat (LAR)
 - 6:30 Classic Movie (C9)